Neue. 1609.

A new Almanacke and Prognostication, with the *forraine Computation, seruing* for the yeare of our Lord and *Sauiour Iesus Christ.*

1609.

Being the first yeare after the Bissextile or leape yeare.

Rectified for the elevation of the Pole Artick and Meridian of the famous towne of great Yarmouth in Norfolke: & may serue generally, for the most part of great Britaine.

Practised, penned, and published, by Iessery Neue, practicioner in Phisick, and student in the Mathematicks.

Imprinted at London for the company of Stationers.

The contents of this double Kalender, for this yeare of our Lord God 1609. which is the first yeare after the Leape yeere, according to the accompt and computation of the Church of England.

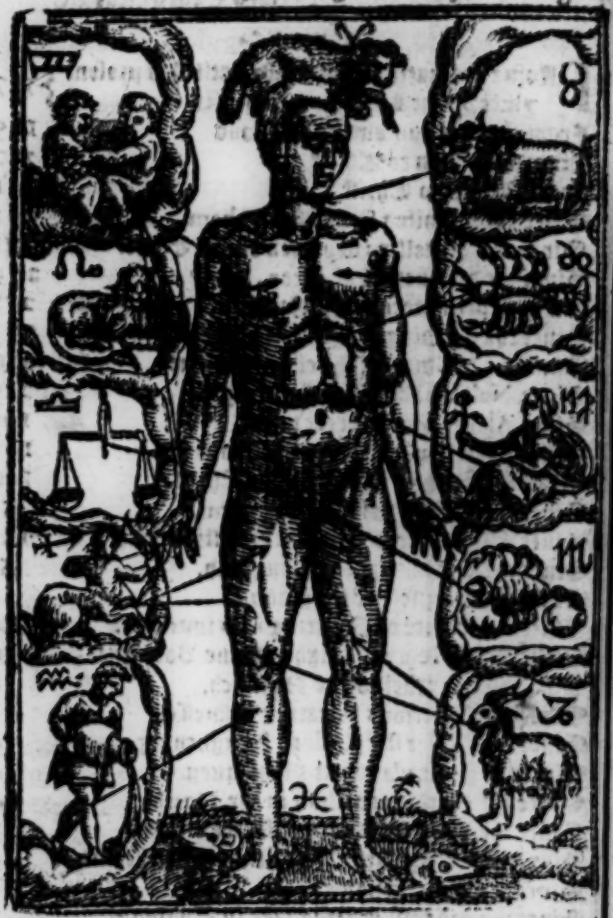
The Prime or golden number is	14
The Circle of the Sunne is	22
The Epact is	4
The Dominicall letter is	A
The Romaine Indiction is	7
The space betweene Christmas and Shroue sunday is euen nine weekes.	
The first sunday in Lent	March. 5
Easter day	Aprill. 16
Ascention day	May. 25
Whitsunday	June. 4
Aduent sunday.	December. 3
Betweene Trinitie and Aduent, are sundayes	24
Betweene Easter and Ascention day 5. weekes & 3. dayes.	
Betweene Whitesunday & Midsom. are 2. weekes 5. daies.	
Betweene Midsommer & Barthol. are 8. weekes 4. dayes.	
Betweene Barthol. and all Saints, 9. weekes and 5. daies.	

The Forraine computation.

The Prime or Golden number is	14
The Circle of the Sunne is	22
The Epact is	24
The Romaine Indiction is	7
The Dominicall letter is	D
The first sunday in Lent.	March. 8
Easter day.	Aprill. 19
Ascension day	May. 28
Whitsunday	June. 7
The space betweene Christmas and Shroue sunday, are nine weekes and three dayes.	

A briefe and necessary Computation of yeares.

From the creatiō of the world vntill this present yeere of our Lord God 1609. is	5579
From the creation vntill the Flood	1656
From the Flood to Christ	2306
From Moses to Christ	1514
Since the promised seede of Abraham.	3623
Since the Israelites departed out of Egipt.	3118
Since the destruction of Troy.	2792
Since Brute entered this Iland.	2716
Since the building of the Temple of Salomon.	2638
Since the building of the citty of Rome.	2360
Since Nabuchadonozer the King.	2355
Since Alexander the great dyed.	1933
Since Iulius Cæsar, slaine with Bodkins.	1658
Since the birth of our Saviour Christ.	1609
Since Jerusalem destroyed by Titus.	1536
Since England receiued the Christian faith.	1429
Since the Danes entered England.	591
Since the conquest of England.	542
Since the science of Printing was inuented.	149
Since King Henry the eight wonne Bologne.	65
Since Kettes rebellion at Norwich.	60
Since the infectious sweating sicknesse.	52
Since St Paules steeple fired by lightning.	48
Since the great plague at Newhauen.	46
Since the Earles rebellion in the North.	40
Since the Blasing starre and frosty winter.	37
Since the strange fiery apparition in the heauens.	35
Since the deepe Snowe.	31
Since the generall Earthquake in England.	29
Since the campe at Tilbury in Esser.	21
Since the last Earthquake in England.	8
Our Kings maiesties raigne, whom the King of heauen grant long and prosperously to raigne ouer vs. Amen.	7



Aries, the head & face, Taurus the neck & throat, Gemini the armes & shoulders, Cancer breast & stomack, Leo heart and back, Virgo guts and belly, Libra raines and buttocks, Scorpio secret & members, Sagittarius the thighes, Capricornus the knees, Aquarius the legges, Pisces the feete.

Feed on warme meates onely,
Flye sloth and lechery.
Let no bleud: sleepe largely.
Anoyde Bathes carefully.

1	A	Newyeres d.	Aries. 1	D	11		
2	b	Octa. Step.	Arie. 15	e	12		First quarter
3	c	Octa. Iohe.	Taur. 0	f	13		the ii. day at
4	d	Octa. Inno.	Tau. 14	g	14		xi. of the clock &
5	e	Edw. depos.	Tau. 28	a	15		56. minutes at
6	f	Twelfe day	Gem. 12	b	16		night.
7	g	Felix. & Ian.	Gem. 26	c	17		
8	A	1. Sū. af. Epi.	Canc. 9	D	18		Full Moone
9	b	Seln Aqua	Can. 22	e	19		the x. day, at
10	c	Paul 1. her.	Leo. 5	f	20		55. minut. after
11	d	Linus mart.	Leo. 18	g	21		one of the clock
12	e	Archad. ma.	Virg. 0	a	22		in the morning.
13	f	Hillary bish.	Vir. 12	b	23		
14	g	Wed. com. in	Vir. 24	c	24		
15	A	2. sun. af. epi.	Libr. 6	D	25		Conuers. Paul.
19	b	Marcellus.	Libr. 19	e	26		
17	c	Anth. dep. of.	Scor. 1	f	27	☾	Last quarter,
18	d	Prisca virg.	Sco. 13	g	28		the xviii. day
19	e	Wolstan. bi.	Sco. 25	a	29		3. minutes after
20	f	Fab. & Seb.	Sagi. 8	b	30		two of the clock
21	g	Agnes. virg.	Sag. 20	c	31		in the morning.
22	A	3. sun. af. epi	Capr. 3	D	1		February.
23	b	Vrine beg.	Cap. 16	e	2		Purification.
24	c	Timothy.	Aqua. 0	f	3		
25	d	Cōu. of Pa.	Aqu. 14	g	4	●	New moone
26	e	Policarp. m.	Aqu. 28	a	5		the xxv. day,
27	f	Julian.	Pisc. 12	b	6		8. min. after iii.
28	g	Valeri. bish.	Pisc. 26	c	7		of the clocke in
29	A	4. sun. af. epi.	Arie. 11	D	8		the afternoone.
30	b	Batild. quee	Arie. 26	e	9		
31	c	Vict. & Sat.	Tau. 10	f	10		

Open no vaine willingly,
Eate no Milke wittingly:
All Fennish foule let flie,
Vse warme bathes tenderly.

1	B	Byget. Fall	Tau. 25	g	11	
2	c	[illegible]	Gemi. 9	a	12	☽ First quarter
3	d	Blase bishop.	Gem. 23	b	13	the first day,
4	e	Gilbert bish.	Canc. 6	c	14	39. minutes af-
5	f	5. su aft. Epi.	Canc. 19	D	15	ter seuen of the
6	g	Dorothy vir.	Leo. 2	e	16	clock in the mor-
7	a	Angvsie bish.	Leo. 14	f	17	ning.
8	b	[illegible]	Leo. 27	g	18	
9	c	Apollon.	Virg. 9	a	19	☽ Full Moone
10	d	Scholast. vir.	Vir. 21	b	20	the viii. day,
11	e	Eulalii.	Libra. 3	c	21	16. minute after
12	f	Septuagesim.	Libr. 14	D	22	fiue of the clocke
13	g	Terme ends.	Libr. 26	e	23	at night.
14	a	Valentine.	Scor. 8	f	24	S. Mathias.
15	b	Faustine.	Sco. 21	g	25	☾ Last quarter
16	c	Julian. virg.	Sagi. 3	a	26	the xvi. day,
17	d	Solleron bi.	Sag. 15	b	27	55. min. after ix.
18	e	Simeon.	Sag. 28	c	28	at night.
19	f	Sexagesim.	Capr. 11	D	1	March. 1609
20	g	Wildred vir.	Cap. 24	e	2	
21	a	70. Martyrs	Aquar. 8	f	3	
22	b	Cathed. Pet.	Aqu. 22	g	4	● New Moone
23	c	Policar.	Pisc. 7	a	5	the xxiiii. day
24	d	[illegible]	Pisc. 21	b	6	57. min. after i.
25	e	Innen. Paul.	Aries. 6	c	7	of the clocke in
26	f	Shroue sund.	Arie. 21	D	8	the morning.
27	g	Oswald bish.	Taur. 6	e	9	
28	a	Augvst. bish.	Tau. 20	f	10	

Chooſe meate aduiſedly,
Apply medicines heedfully:
Vſe not Phlebotomy,
But in neceſſitie.

1	d	Dauid bisho.	Gemi.5	g	11	
2	e	Chadde bish.	Gem.19	a	12	
3	f	Wed.goe out	Canc. 3	b	13	☽ Firſt quarter the ii.day,45 minu. after iiii. of the clocke at night.
4	g	Adrian mart.	Can. 16	c	14	
5	a	1.ſun.in Lent	Can. 29	d	15	
6	b	Aict. & Aict.	Leo. 12	e	16	
7	c	Perpetuus.	Leo. 24	f	17	
8	d	Emb. wacke	Virg. 6	g	18	
9	e	40. Martyrs	Virg.18	a	19	○ Full Moone the x.day,35 min.before high noone.
10	f	Sol in Aries.	Libra. 0	b	20	
11	g	Quirion.	Libra. 11	c	21	
12	a	Gregorie.	Libr. 23	d	22	
13	b	Theod.mart.	Scor. 5	e	23	
14	c	Candid. mar.	Scor.17	f	24	
15	d	Longine mar.	Scor.29	g	25	Annun.of Mar.
16	e	Boniface bi.	Sag. 11	a	26	☾ Laſt quarter the xviii.day, 37.minut. after two of the clock after noone.
17	f	Gertrud vir.	Sag.23	b	27	
18	g	Edwa. King.	Capri.6	c	28	
19	a	3.ſun.in Lent	Capr.19	d	29	
20	b	Cuthbert.	Aqua. 3	e	30	
21	c	Benedictus.	Aqua.16	f	31	
22	d	Afrodoſius.	Piſce. 0	g	1	Aprill. 1609.
23	e	Theodo.bish.	Piſce.15	a	2	
24	f	In.reg.Iac.	Aries. 0	b	3	
25	g	Annũ.Mary	Arie. 15	c	4	● New Moone the xxv. day, ix. minut after xi. of the clocke in the forenoone
26	a	4.ſun.in Lent	Taur. 0	d	5	
27	b	Martian.	Tau. 15	e	6	
28	c	Dorothy vir.	Tau. 29	f	7	
29	d	Quintine.	Gem.14	g	8	
30	e	Quirine.	Gem.28	a	9	
31	f	Adelme.	Canc.12	b	10	

Now light and pure meates buy,
Be purged orderly:
Let bloud considerately,
To cure thy malady.

1	g	Gilbarde.	Can.25	c	11	
2	A	5.sun.in Let	Leo. 9	D	12	☽ First quarter the first day, 50.minut. after three a clocke in the morning.
3	b	Rich. bishop	Leo. 21	e	13	
4	c	Ambrose bi.	Virg. 3	f	14	
5	d	Martian	Vir. 15	g	15	
6	e	Sextus bi.	Vir. 27	a	16	
7	f	Egesippus.	Libra. 9	b	17	
8	g	Perpetuus.	Libr.21	c	18	
9	A	Palme sun.	Sco. 2	D	19	Easter day.
10	b	Solum Taur	Sco.14	e	20	○ Full Moone the ix. daye, halfe an houre after iiii. of the clock in ỹ mor.
11	c	Julian bish.	Sco.26	f	21	
12	d	Oswal.arch.	Sagi. 8	g	22	
13	e	Zenone.	Sag.20	a	23	
14	f	Olyffe.	Capri.2	b	24	
15	g	Leonard.	Cap.15	c	25	
16	A	Easter day.	Cap.28	D	26	☾ Last quarter the xvii. day, 36.minut.after iii. of the clocke in the morning.
17	b	Colmy.	Aqu. 11	e	27	
18	c	Valerian.	Aqu.25	f	28	
19	d	Alphege bish	Pisce.9	g	29	
20	e	Victor bish.	Pis. 23	a	30	
21	f	Simon bish.	Aries.8	b	1	May. 1609.
22	g	Sother vir.	Arie.23	c	2	
23	A	S. George.	Taur.8	D	3	● New Moone the xviii. day 17.minuts after vii.of the clocke at night.
24	b	Wed.com.in	Tau.23	e	4	
25	c	Mark Eua.	Gem. 8	f	5	
26	d	Clere bishop	Gem.22	g	6	
27	e	Anastasi.bi.	Cane.7	a	7	
28	f	Vitalis bi.	Can.20	b	8	☽ First quarter the last day, at v.of the clock at night.
29	g	Peter of mi.	Leo. 4	c	9	
30	A	Erkenwald.	Leo. 17	D	10	

Walke the fields ioyfully,
Imbrace Venus honestly:
Open vaine luckely,
Bathe and purge safely.

1	b	Phil. & Iac.	Virg. 0	e	11		
2	c	Athan. bish.	Vir. 12	f	12		Full Mone,
3	d	Terme beg.	Vir. 24	g	13		the viii. day,
4	e	Florian.	Libra. 6	a	14		halfe an houre
5	f	Goddard.	Libr. 18	b	15		after viii. of the
6	g	Iho. portLa.	Sco. 0	c	16		clock at night.
7	a	Iho. of Ben.	Sco. 12	D	17		
8	b	Appa. Pich.	Sco. 23	e	18		Last quarter
9	c	Theophilus.	Sag. 5	f	19		the xvi. daye,
10	d	Gordian.	Sag. 17	g	20		at one a clock in
11	e	Pot in Gem.	Sag. 29	a	21		the afternoone.
12	f	Achelly.	Cap. 11	b	22		
13	g	Boniface.	Cap. 24	c	23		New Mone
14	a	Isidore mar.	Aqua. 7	D	24		the xviii. day,
15	b	Brandon.	Aqu. 20	e	25		14. min. after iii
16	c	Diosco. ma.	Pisce. 4	f	26		of the clocke in
17	d	Trā. of Bar.	Pisc. 18	g	27		the morning.
18	e	Dunstone.	Aries. 3	a	28		Ascention.
19	f	Barnardine	Arie. 17	b	29		
20	g	Hellen quee.	Taur. 2	c	30		
21	a	Rogati. inn.	Tau. 17	D	31		
22	b	Mer. go. out	Gemi. 2	e	1	June 1609.	
23	c	Tran. of Fr.	Gem. 16	f	2		First quarter
24	d	Adelme bish.	Cane. 1	g	3		the xxx. day,
25	e	Ascenti. day.	Can. 15	a	4		about viii. of the
26	f	S. Bede.	Can. 28	b	5		the clocke in the
27	g	German bish	Leo. 13	c	6		morning.
28	a	Colone mar	Leo. 25	D	7		Whitsunday.
29	b	Terme ends	Virg. 8	e	8		
30	c	Petronill.	Vir. 20	f	9		
31	d	Nereus.	Libra. 2	g	10		

Vſe coole ſtarbes thriftily,
Enioy pleaſures gladfully:
Meates new or ſweete deny,
Shunne medicines warily.

1	e	Nichomede.	Libr. 15	a	11		
2	f	Marcellus.	Libr. 27	b	12	●	Full Mwne the vii. daye, 47. minut. after x. of the clock in the forenoone.
3	g	Eraſmus.	Scor. 8	c	13		
4		Whitſonday	Sco. 20	D	14		
5	b	Bonifacius.	Sagi. 2	e	15		
6	c	Tranſ. Miſ.	Sag. 14	f	16		
7	d	Emb. weke.	Sag. 26	g	17		
8	e	Beda. & Gil.	Capri. 9	a	18	☾	Laſt quarter the xiiii. day, 25. minuts after vii. of the clock at night.
9	f	Tran. Edm.	Capr. 21	b	19		
10	g	Corpus Chriſti	Aqua. 4	c	20		
11		Trinity ſun.	Aqu. 17	D	21		
12	b	Med. com. in.	Pisce. 0	e	22		
13	c	Anth. confeſ.	Piſc. 14	f	23		
14	d	Tranſ of Rl.	Piſc. 28	g	24		Iohn Baptiſt.
15	e	Corp Chriſti	Arie. 13	a	25	●	New Mwne the xxi. daye, 20. min. before high noone.
16	f	Trinit. begi.	Arie. 27	b	26		
17	g	Bot uph.	Tau. 12	c	27		
18	a	1. ſun. af. Tri	Tau. 26	D	28		
19	b	Nat Reg Iac	Gem. 11	e	29		Peter & Paul.
20	c	Tranſ. Edm	Gem. 25	f	30		
21	d	Alban. vir	Cancr. 9	g	1		Iuly. 1609.
22	e	Alban mart..	Can. 23	a	2		
23	f	Audry. Faſt.	Leo. 6	b	3		
24	g	Iohn Baptiſt.	Leo. 20	c	4		
25		2. ſun. af. Tri.	Virgo. 3	D	5		First quarter the xxix. day, an houre before one of the clock in the morning.
26	b	Iohn & Paul	Virg. 15	e	6		
27	c	Creſce. mart.	Vir. 28	f	7		
28	d	Leo vi.	Libr. 10	g	8		
29	e	Peter & Paul	Libr. 22	a	9		
30	f	Com. of Paul	Scor. 4	b	10		

Abandon Venery,
Vſe coole bathes diſcreetly:
Refuſe Phleboromy,
Sleepe not much in Iuly.

1	g	Oct. of Joh.b.	Sco.16	c	11	
2	A	Viſit. of Ma.	Sco. 29	D	12	☽ Full Mone
3	b	Trã. of Tho.	Sag. 11	e	13	the vi. daye,
4	c	Trã. of Mar	Sag. 23	f	14	18. minut. after
5	d	Terme ends	Cap. 5	g	15	xi. of the clocke
6	e	Oct. of Peter	Cap. 18	a	16	at night.
7	f	Martialiſma	Aqua. 1	b	17	
8	g	Depo. of Er.	Aqua. 14	c	18	☾ Laſt quarter,
9	A	4. ſun af. Tri.	Aqu. 27	D	19	the xiii. daye,
10	b	7. bretheren mar.	Piſce. 11	e	20	about midnight.
11	c	Trã. of Ben.	Piſc. 25	f	21	
12	d	Sol in Leo.	Aries. 9	g	22	
13	e	Marga. virg.	Arie. 23	a	23	
14	f	Chriſtopher.	Tau. 8	b	24	
15	g	Trã. of Swi.	Tau. 22	c	25	Iames Apoſt.
16	A	5. ſun af. Tri.	Gemi. 7	D	26	
17	b	Kenelm king	Gem. 21	e	27	● New Mone
18	c	Arnolph biſh.	Canc. 5	f	28	the xx. daye,
19	d	Dog dai. beg	Canc. 19	g	29	38. minut. after
20	e	Priuatius.	Leo. 2	a	30	ix. of the clocke
21	f	Peter virgin	Leo. 15	b	31	at night.
22	g	Mary Mag.	Leo. 28	c	I	Auguſt 1609.
23	A	6. ſun af. Tri.	Virg. 11	D	2	
24	b	Chriſti. Paſt.	Virg. 13	e	3	
25	c	Iames apoſt.	Libra. 5	f	4	
26	d	Anno. of M.	Libr. 18	g	5	☽ Firſt quarter
27	e	Viii. Machers.	Sco. 0	a	6	the xxviii. day
28	f	Felix & his fel	Sco. 12	b	7	50. minut. after
29	g	Sampſ. biſh.	Sco. 24	c	8	v. of the clocke
30	A	7. ſun af. Tri	Sagi. 6	D	9	at night.
31	b	German biſh	Sag. 19	e	10	

Eate and ſleepe ſparingly,
Venus and Cupid deſie:
Let no bloud; medcines flye,
Tarry in thy owne country.

1	c	Lammaſſa.	Capr. 1	f	11		
2	d	Steph. biſh.	Cap. 14	g	12	●	Full Moone the v. day, 23 minuts after x. of the clocke in the forenoone,
3	e	Inuē. of St.	Cap. 27	a	13		
4	f	Iuſtin prieſt.	Aqu. 10	b	14		
5	g	K. Iames pri.	Aqu. 23	c	15		
6	A	Tranſfigur.	Piſce. 7	D	16		
7	b	Cirri. & his f.	Piſ. 21	e	17		
8	c	Feaſt of Ie.	Aries. 5	f	18	☾	Laſt quarter, the xii. daye, 40. minu. after foure a clock in the morning.
9	d	Tibur. mar.	Arie. 19	g	19		
10	e	S. Lawrēce.	Taur. 4	a	20		
11	f	Roman ma.	Tau. 19	b	21		
12	g	Clare virg.	Gemi. 3	c	22		
13	A	Sol in Virg.	Gem. 17	D	23		
14	b	Euſebius.	Canc. 1	e	24		Barthol. apoſt.
15	c	Aſſū. of Ma.	Can. 15	f	25		
16	d	Roch. mart.	Can. 29	g	26	●	New Moone the xix. daye, 40. minuts after nine of the clock in ye forenoone.
17	e	Oct. Lawrē.	Leo. 12	a	27		
18	f	Agapit virg.	Leo. 24	b	28		
19	g	Mag. mart.	Virg. 7	c	29		
20	A	10. ſun. ak. trī	Lir. 19	D	30		
21	b	Barnard.	Libra. 1	e	31		
22	c	Timothy.	Libr. 13	f	1		September.
23	d	Zouch. Faſt.	Libr. 25	g	2		
24	e	Barthol. ap.	Scor. 7	a	3		
25	f	Lewis king.	Sco. 19	b	4	☽	Firſt quarter the xxvii. day 26. minu. after xi. of the clocke in the forenoone
26	g	Dog da. end	Sagi. 2	c	5		
27	A	11. ſun. ak. trī	Sag. 14	D	6		
28	b	Auguſt. biſh.	Sag. 26	e	7		
29	c	Decol. of Io	Capr. 9	f	8		
30	d	Felī. & Aud	Capr. 22	g	9		
31	e	Cuth. virg.	Aqua. 5	a	10		

Eate ripe fruites moderately,
Take medicines needfully:
Figges Grapes and Spicery,
Refresh thy members dry.

1	f	Giles abbot.	Aqu. 18	b	11	
2	g	Anthon. mar.	Pisce. 2	c	12	Full Mone
3	a	12.sun. aft.tri.	Pisc.16	d	13	the iii. daye,
4	b	Trāsl.of Cut.	Aries. 0	e	14	about viii.of the
5	c	Hercules.	Arie. 15	f	15	clock at night.
6	d	Eugenius.	Arie. 29	g	16	Last quarter,
7	e	Nati. of Eli.	Tau. 14	a	17	the x.day,50
8	f	Nati.of Mar	Tau. 29	b	18	min. after x. of
9	g	Gozgon mar.	Gem.13	c	19	the clock in the
10	a	13.sun. aft.tri.	Gem.28	d	20	forenoone.
11	b	Martian.	Can. 12	e	21	Mathew apost.
12	c	Sol in Libra	Can.25	f	22	
13	d	Amarita.	Leo. 9	g	23	New Mone
14	e	Exalt.of ꝑ cr.	Leo. 22	a	24	the xviii. day
15	f	Oct. of Mar.	Virgo.4	b	25	40. min. before
16	g	Euphemia.	Vir. 16	c	26	one of the clock
17	a	14.sun.aft.tri.	Vir. 28	d	27	in the morning.
18	b	Vict.ꝫ Cozō	Lib.10	e	28	
19	c	Januar. mar.	Lib. 22	f	29	Michaell Arch.
20	d	Emb. wcke.	Scoz. 4	g	30	
21	e	Mathew ap.	Sco. 16	a	1	October.
22	f	Maurice.	Sco.28	b	2	
23	g	Tecla virgin	Sagi.10	c	3	
24	a	15.sun.aft.tri.	Sag.22	d	4	First quarter
25	b	Firmin.mar.	Capri.4	e	5	the xxvi.day,
26	c	Cipz.ꝫ Just.	Cap. 16	f	6	27. minut. after
27	d	Colm.ꝫ Ner.	Cap. 29	g	7	iiii.of the clocke
28	e	Exuper. Fast	Aqu. 13	a	8	in the morning.
29	f	Micha. arch.	Aqu. 25	b	9	
30	g	Hieron.priest	Pisc.10	c	10	

Array thy selfe warmely,
Exercise lustily:
Of victuals take plenty,
And sleepe more liberally.

1	a	16. sun. af. tri.	Pis. 24		11	
2	b	Leodegary.	Aries. 9	e	12	Full Moone
3	c	Candi. mart.	Arie. 23	f	13	the iii. daye,
4	d	Franc. virg.	Taur. 8	g	14	55. minut. after
5	e	Appolli. bish.	Tau. 23	a	15	vi. of the clocke
6	f	Faith virgin	Gem. 8	b	16	in the morning.
7	g	Marci. & mar	Gem. 23	c	17	
8	a	17. su. af. Tri	Canc. 7		18	Last quarter,
9	b		Can. 21	e	19	the ix. daye,
10	c	Grati. & Vic.	Leo. 5	f	20	18. minut. after
11	d	Michaël. bish.	Leo. 18	g	21	viii. of the clock
12	e	Wilfrid. vir.	Virg. 1	a	22	at night.
13	f		Vir. 14	b	23	
14	g	Calixt bishop	Vir. 26	c	24	New Moone
15	a	18. su. af. Tri.	Libra. 8		25	the xvii. day,
16	b	Mich. of moñ	Libr. 20	e	26	24. min. after v.
17	c	Trãs. Etheld	Scor. 1	f	27	a clock at night.
18	d		Sco. 13	g	28	Simon & Jude
19	e	Friduwick.	Sco. 25	a	29	
20	f	Austrebert.	Sagi. 6	b	30	
21	g	11. M virgin	Sag. 18	c	31	
22	a	19. sũ. af. Tri.	Capr. 0		1	Nouemb. 1609.
23	b	Mag ory.	Cap. 12	e	2	
24	c	Trã. of John	Cap. 25	f	3	First quarter
25	d	Cris. & Cris.	Aqua. 8	g	4	the xxv. day,
26	e	Ursula virg.	Aqu. 21	a	5	8 minutes after
27	f	Floren.	Pisce. 4	b	6	viii. of the clock
28	g		Pis. 18	c	7	at night.
29	a	20. su. af. Tri	Aries. 3		8	
30	b	German bish	Arie. 17	e	9	
31	c	Quinti.	Taur. 2	f	10	

Drinke old sweet wines freely,
Entertaine Venus dainely:
Hoate Bathes haunt enemy,
I wish my friend friendly.

1	B	All Saints.	Tau. 17	g	11		
2	c	All soules.	Gemi. 2	a	12		Full Mone the first day, a litle before vi. of the clocke in the afternone.
3	d	Wenefr. vir.	Gem. 17	b	13		
4	e	Amanti. bish.	Canc. 2	c	14		
5	f	Malach. conf.	Can. 16	d	15		
6	g	Leonard.	Leo. 0	e	16		
7	A	Willfrid bish.	Leo. 14	f	17		
8	b	4. Crowned.	Leo. 27	g	18		Last quarter, the viii. daye, 27 minut. after ix. of the clocke in the morning.
9	c	Theod. mart.	Virg. 10	a	19		
10	d	Bennet	Vir. 23	b	20		
11	e	Martin bish.	Libr. 5	c	21		
12	f	Sol in Sagit	Libr. 17	d	22		
13	g	Vrice.	Libr. 29	e	23		
14	A	Trāsl. of Erk.	Sco. 11	f	24		New Mone the xvi. daye, about high none.
15	b	Macute bish.	Sco. 22	g	25		
16	c	S. Hugh.	Sagi. 4	a	26		
17	d	Octab. Mart	Sag. 16	b	27		
18	e	Elizab. mar.	Sag. 27	c	28		
19	f	23 dñ. af. Tri	Capri. 9	d	29		Advent sunday.
20	g	Edmo. King	Capr. 21	e	30		Andrew Apost.
21	A	Pres. of Mar	Aqua. 4	f	1	December.	
22	b	Cycely virg.	Aqu. 17	g	2		
23	c	Clement bish	Pisc. 0	a	3		
24	d	Grisog. mart	Pisc. 13	b	4		First quarter the xxiiii. day 40 minut. after ix. of the clocke in the morning.
25	e	Kather. virg.	Pisc. 27	c	5		
26	f	24. dñ. af. Tri	Aries. 11	d	6		
27	g	Agricola.	Arie. 26	e	7		
28	A	Vitalis mart	Tau. 11	f	8		
29	b	Saturn. ast	Tau. 26	g	9		
30	c	Andrew apo.	Gem. 11	a	10		

Take hoate meates wholsomly,
Condite with spicerie:
Refraine much venery,
Flye Milke, worke mauſully.

1	f	Elegie bishop	Gem. 25	b	11	Full Moone
2	g	Libanus mar.	Can. 10	c	12	i. day a litle
3		Ad tent sund.	Can. 24		13	before one of ẏ
4	b	Med. goe. out	Leo. 8	e	14	clock in ẏ morn.
5	c	Sabbe abbot	Leo. 21	f	15	Last quarter
6	d	Nichola. bish.	Virgo. 5	g	16	the viii. day,
7	e	Oct. of Andr.	Vir. 18	a	17	24. minutes af-
8	f	Conc. of Ma.	Libra. 1	b	18	ter two of the
9	g	Cypri. abbot	Libr. 13	c	19	clocke in the
10	g	2. sun. in Adu.	Libr. 26	D	20	morning.
11	b	Sol in Capri.	Scor. 8	e	21	New Moone
12	c	Paul bishop.	Sco. 19	f	22	the xvi. day,
13	d	Lucie virgin.	Sagit. 1	g	23	16. mi. after vi.
14	e	Othely virg.	Sag. 13	a	24	in the morning.
15	f	Valeriu. bish.	Sag. 25	b	25	Christmas day.
16	g	O sapientia.	Capri. 7	c	26	S. Stephen.
17	g	3. sun. in. Adu.	Cap. 19	D	27	John Euang.
18	b	Gracian bish.	Aquar. 1	e	28	Innocents.
19	c	Venesia vir.	Aqua. 14	f	29	
20	d	Ember week.	Aqu. 26	g	30	
21	e	Thomas apo.	Pisce. 9	a	31	
22	f	xxx. Martyrs	Pisc. 23	b	1	January
23	g	Victor virg.	Aries. 7	c	2	First quarter
24	g	4 sun.	Arie. 21	D	3	the xviii. daye
25	b	Christmas d.	Taur. 5	e	4	14. minut. after
26	c	Stephē mar.	Tau. 20	f	5	viii. of the clock
27	d	John Euang.	Gem. 5	g	6	at night.
28	e	Innocents.	Gem. 18	a	7	Full Moone
29	f	Thom. Beck.	Canc. 4	b	8	the xxx. day,
30	g	Dauid.	Can. 19	c	9	about high-
31	g	Syluest. bish.	Leo. 3	D	10	noone.

Neue. 1609.

A Prognostication seruing for the yeare of our Lord God and Saui-our Iesus Christ. 1609.

Being the first yeare after the Bissextile or Leape yeare.

Practised, Penned, and Collected of naturall causes, according to the learned rules of Auncient Astrologers and sage Philosophers: for the good and benefit of all such as shall be desirous of such a Worke.

Seruing in generall for the circuit of this kingdom, and most properly for the scituation of the famous towne of great Yarmouth, in Norfolke.

By Ieffery Neue, Practitioner of Phisick and Chirurgery.

¶ Of the Eclipses which shall happen this present yeare of our Lord God. 1609.

There shall appeare and bee seene, this yeare of our Lord God 1609. sixe Eclipses, three of the Sunne, and three of the Moone: the Eclipses of the Sunne, and one of the Moone shall not be apparant in our Horizon, but to them that dwell opposite to vs, whose night is our day, by the contrary period of the Sunne. As concerning the euents of three seuerall Accidentes (or obscurations) I leaue to speake of, as improper to our climate.

Of the Eclipse of the Moone.

VPpon the tenth day of January, being Tuseday, there will sensibly and visibly appeare in our Horizon, a great Eclipse of the Moone, 50. minuts after one of the clock in ye morning, she beingat that instant diametrally opposite to the Sun. This Lunary obscuration dooth continue from the beginning to the end, three howres and 17. minutes. The degrees or points eclipsed are nine, and 28. minutes. As concerning the effects of this eclipse, I will referre it to the Authour of all, that is aboue all, because no Iudicials are any way preiudiciall to his Almighty goodnesse,

nesse, which hath as well plenty and store, as scarci and dearth in his hands: wherefore we are humbly solicite, and beseech him, by vnfained and zealous pr er, to abridge his punnishments, and extend his bl sings towards vs, Amen.

Of the second Eclipse of the Moone.

There will sensibly and visibly appeare in our Hor zon, another great and vniuersall Eclipse of t Moone, vppon the first day of July, being thurs day, about eyghteene minutes after 11. of the cloche night, she being at that instant scituated in the 10. Cu pis of the Heauens, in the third face of Capricornus, an diametrally opposite vnto the Sunne, in a signe o the partition of the earthly Triplicity, naturally cold an dry: Of complexion, melancholy, Feminine, Nocturnall, moueable, Meridionall, the house of Saturne, and the e altation of Mars. This Lunarie obscuration doth con tinue from the beginning to the end, three houres, and 55. minuts.

Now in perusing the celestiall position, at the time of the Moones greatest depriuation, I finde the same to happen in the tenth house, and Saturne being Lord of the place of the Eclipse, being Retrograde, and placed in an aiery signe, in the eleuenth house, foresheweth many great windes, and cloudy stormy tempests, which will procure damage, losse and hindrance to Nauigators and Sailers, also as Leouitius saith, Saturne being Lord of the signe, where the Moone is eclipsed, and vnfortunately affected, threateneth Conspiracies, Coniurations, poysonings, vnderminings, &c. he also presageth the death

and

destruction of many old folkes, and auncient Husbandmen: much strife and dissention about patrimonies, and the inheritance of dead mens goods: many vnlooked deaths: much Theft, Rapine, & wickednesse, to abound. It also noteth but an vnhappy agreemẽt among Kinds, much fraud and deceit, many long, lingering, dangerous, Melancholly diseases. Furthermore, corruption in the fruites of the earth, with many other fearefull and troublesome calamities, which will especially worke their force and effect vpon those Countries, Cities, and townes, which are vnder the first Quadrangle and signe Capricornus, &c. And thus much, or other thus little, concerning the aforesaid Eclipse.

A description of the foure *Quarters of this year of our* Lord God. 1609.

¶ Of Winter.

Sun in ♑. ♒. ♓.

WInter, according to our vsuall Computation, beginneth the eleauenth day of December, in the yeare foregoing, at the first entering of the Sunne into the first degree of the signe Capricornus, at which time the Sunne shall bee at his greatest South declination from the Equinoctiall Line: which maketh with vs

nesse, which hath as well plenty and store, as scarci and dearth in his hands: wherefore we are humbly solicite, and beseech him, by vnfained and zealous pr er, to abridge his punnishments, and extend his bl sings towards vs, Amen.

Of the second Eclipse of the Moone.

There will sensibly and visibly appeare in our Hor zon, another great and vniuersall Eclipse of t Moone, vppon the first day of July, being thurs day, about eyghteene minutes after 11. of the clocke night, she being at that instant scituated in the 10. C ps of the Heauens, in the third face of Capricornus, a diametrally opposite vnto the Sunne, in a signe the partition of the earthly Triplicity, naturally cold an dry: Of complexion, melancholy, Feminine, Nocturnal moueable, Meridionall, the house of Saturne, and the e altation of Mars. This Lunarie obscuration doth co tinue from the beginning to the end, three houres, an 55. minuts.

Now in perusing the celestiall position, at the time of the Moones greatest depriuation, I finde the same t happen in the tenth house, and Saturne being Lord o the place of the Eclipse, being Retrograde, and place in an aiery signe, in the eleuenth house, foretheweth many great windes, and cloudy stormy tempests, which wi procure damage, losse and hindrance to Nauigators an Sailers, also as Leouitus saith, Saturne being Lor of the signe, where the Moone is eclipsed, and bu euil affected, threateneth Conspiracies, Coniurations, po sonings, vndermynings, &c. he also presageth the death

and

destruction of many old folkes, and auncient Husbandmen: much strife and dissention about patrimonies, and the inheritance of dead mens goods: many vnlely deaths: much Theft, Rapine, & wickednesse, to abound. It also noteth but an vnhappy agreemẽt among kinds, much fraud and deceit, many long, lingering, angerous, Melancholly diseases. Furthermore, corruption in the fruites of the earth, with many other refull and troublesome calamities, which will especiy worke their force and effect vpon those Countries, ties, and townes, which are vnder the first Quangle and signe Capricornus, &c. And thus much, or her thus little, concerning the aforesaid Eclipse.

A description of the foure *Quarters of this yeare of our* Lord God, 1609.

¶ Of Winter.

Sun in ♑. ♒. ♓.

WInter, according to our vsuall Computation, beginneth the eleauenth day December, in the yeare foregoing, at the first tering of the Sunne into the first degree of the igne Capricornus, at which time the Sunne ll bee at his greatest South declination from Equinoctiall Line: which maketh with vs

the shortest day, and ẏ longest night in the yea
This season is of nature cold and moyst, Fle
maticke, answering to the complexion of ol
Men, and agreeable to the Element of water.

¶ Of the Spring.

Sun in ♈. ♉. ♊.

THe Spring beginneth the 10. day of Marc
the Sunne then entering into the Equino
tiall Signe Aries, the day and the night beem
of an equall length throughout the whole wor
This quarter is hot and moyst, and that tem
perate without extreamity, and therefore a
counted the most wholesome time in al the yea
for now sicknesses and paines gotten befor
may best be remedied and remoued, and griefe
and diseases feared to come, may be best preuen
ted and auoyded.

¶ Of Summer.

Sun in ♋. ♌. ♍.

SUmmer beginneth ẏ eleuenth day of June
when the Sun entereth into Cancer, makin
the longest day and ẏ shortest night in the yea

This

This season, according to his proper nature, is hot and dry, resembling the Element of fire, and Complexion of Choller, bringing all fruites to their ripenesse, Cattel to there fatnesse, and men to their wealth.

¶ Of Harueſt.

☉ in ♎. m. ☿.

THe Harueſt quarter is called Autumne, beginneth the twelft of September, when the Sunne entereth into Libra, making the day and night of a iuſt equall length throughout ỹ whole World. This quarter is naturally cold and dry, variable and inconſtant, warm in the day time, and cold in the night time. Very dangerous for ſickneſſes and diſeaſes, in ſome perſons, as in thoſe that bee aged, or ſuch as bee not perfectly cured of their Summer Maladies.

¶ A

A Declaration of the inclination and Disposition of the Winds and weather, according to the influences and diuers motions of the Erraticall and fixed Starres: with the day, houre, and minute of the change of the Moone, her full and quarters: and also of the rising and setting of the Sun, in euery seuenth day of euery month of this yeare of our Lord God. 1609.

¶ Of January.

Day	The sunne riseth.	The sunne setteth.
1	howre 8 and 3 minuts	howre 3 and 57 minuts.
7	howre 7 and 56 minuts	howre 4 and 4 minuts.
14	howre 7 and 46 minuts	howr 4 and 14 minuts.
21	houre 7 and 34 minuts	houre 4 and 26 minuts.
28	houre 7 and 23 minuts	houre 4 and 37 minuts.

The first day fayre. The first quarter, the second day, at 11. of the clocke, and 56. minutes at night, frosty, the 3. 4. and 5. dates, some stormes of wind, and colde moysture, the 6. and 7. frosty, the 8. and 9. some snow or raine, with wind. The full Moone the 10. day, 55. minuts after one of the clocke in the Morning, the 11. faire, the 12. and 13. some storme to bee feared, the 14. 15. 16. and 17. dates windy and vnconstant. The last quar-

quarter the 18. day, 8. minuts after two of the clock in the Morning, the 19. and 20. some fall of Snow, or other moysture, the 21. and 22. temperate, the 23. and 24. subiect to wind and winterly weather. New Moone the 25. day, 8. minuts after three of the clocke in the afternoone, the 26. Frosty, the 27. 28. and 29. dayes some ouercasting Cloudes, the 30. and 31. ruffeling windes.

In this moneth of January vse little Phisicke, except great necessity constraine thee. Weare warme cloathes, and eate warme meates: also to drinke white wine fasting, is very good and wholesome.

¶ Of February.

Day	The Sun riseth.	The Sun setteth.
1	hou. 7 and 14 min	houre 4 and 46 min.
7	hour 7 and 4 min.	houre 4 and 56 min.
14	hou. 6 and 50 min.	houre 5 and 10 min.
21	hou. 6 and 34 min.	houre 5 and 26 min.
28	hou. 6 and 21 min.	houre 5 and 39 min.

The first quarter the first day, 39. minutes after seauen of the clocke in the Morning, the second and third hard frostes, the 4. 5. and 6. stormy moysture, the 7. reasonable faire. Full Moone the 8. day, 16. minutes after six of the clock at night, the 9. & 10. indifferent for the season, the eleauen, twelue, and thirteene, windy freezing, the fourteen and fifteene some fall of moisture.

The

The laſt quarter, the ſixteenth day, fifty fiue minutes after nine of the clocke at night, and the ſeuenteenth not much diſagreeing from the former, the 18. 19. 20. and 21. dayes colde, windy, and Cloudy, the 22. and 23. inclined to moyſture. The Newe Moone the 24. day, 57. minutes after one of the clocke in the Morning, not vnlike the former, the 25. and 26. more temperate, the 27. and twenty eyght dayes, windy and vnconſtant.

In this moneth of Februarie, all thinges that dot opilate, ſtoppe, or thicken the blood, are to bee refrained: and yet forbeare Phiſicke and letting of blood, except great neceſſity do conſtraine it, and learned counſell do aduiſe it. Beware of taking cold, for Agues now are eaſily got, &c.

¶ Of March.

Day	The Sun riſeth.	The Sun ſetteth.
1	hou. 6 and 20 min.	houre 5 and 40 min.
7	hou. 6 and 8 minut	houre 5 and 52 min.
14	hou. 5 and 54 min.	houre 6 and 6 min.
21	hour 5 and 40 min.	houre 6 and 20 min.
28	hour 5 and 26 min.	hour 6 and 34. min.

The firſt day faire. The firſt quarter the ſecond day, forty fiue minutes after foure of the clock at night. In like manner, the third, fourth, fift, and ſixt dayes, ſtormy and vnconſtant, the ſeuenth ouercaſting clouds, the eyght and nine ſetting the ſeaſon. The full Moone

the

the tenth day, thirty fiue minutes before high noone, and the eleauenth, twelue, thirteen, and foureteen daies windy and vnconstant, the fifteene faire, the sixteen and seauenteene some change. Last quarter, the eyghteene day, thirty seauen minutes after two of the clocke in the afternoone, the nineteenth seasonable, the twenty, twenty one, and twenty two, windy, the twenty three, and twenty foure, ouercasting Clouds. New Moone the twenty fiue day, nine minuts after eleauen of the clocke in the forenoone, inclined to raine, the twenty sixe, windy, the twenty seauen 28. and 29. temperate, the 30. and 31. some change.

In this Moneth of March, the humours of mans body doth beginne to increase: and now grosse feeding breedeth grosse humors and blood: wherefore nowe (in milde and warme weather) it is good to purge and clarifie the blood by Potions, Bathings, & Blood-letting or such other waies, as the learned Phisition shall appoint, and as the cause of the disease shall require.

¶ Of Aprill.

Day	The Sun riseth.	The Sun setteth.
1	hou. 5 and 18 min.	houre 6 and 42 min.
7	hour 5 and 6 min.	houre 6 and 54 min.
14	hou. 4 and 54 min.	houre 7 and 6 min.
21	hou. 4 and 39 min.	houre 7 and 21 min.
28	hou. 4 and 29 min.	hour 7 and 31. min.

The

The last quarter, the first day, 50. minuts after three of the clock in the morning, the second windy and rainy, the third, 4. and fift daies, apt for the time, the sixt, seaven, and eyght, lowring, and vncertaine. The full Moone the ninth day, haue an howre after foure of the clocke in the Morning, windy, the 10. 11. and 12. some Aprill stormes, the 13. 14. 15. and 16. faire and temperate. The last quarter, the 17. day, 36. minuts after 3. of the clocke in the morning inclined to winde, the 18. 19. 20. and 21. overcasting Cloudes, the 22. a rukeling sky. The new Moone the 23. day, 17. minuts after seaven of the clocke at night, not vnlike the former, the 24. 25. and 26. dayes, fayre and pleasaunt, the 27. 28. and 29. some thange. The first quarter, the thirty day, at fiue of the clocke at night, pleasaunt weather.]

In this Month of Aprill, the pores of men are opened, and are apt to receiue Phisicke: and they that now refuse the same, I commit them to the benifite of Nature, for of all times of the yere, this is the best time to preuent causes of sicknesses, or for spedy remedies in extreamities: for now nature her selfe dooth renewe strength through all the body. So where sicknesse happeneth, shee soone vnburdeneth by the meanes of Phisicke: wherefore what it cannot doe now, hereafter it will hardly be done, therefore take time whilst time is, &c.

¶ Of

¶ Of May.

Day	The Sun riseth.	The Sun setteth.
1	hou. 4 and 23 min.	hour 7 and 37 min.
7	hou. 4 and 15 min.	hour 7 and 45 min.
14	hou. 4 and 5 min.	hour 7 and 55 min.
21	hou. 3 and 56 min.	houre 8 and 4 min.
28	hou. 3 and 50. min.	hour 8 and 10 min.

The first and second pleasant May dayes, the 3. 4. 5. and 6. apt for the time, the 7. some shewers. Full Moone the 8. day, halfe an houre after 8. of the clocke at night, windy and inconstant, the 9. and 10. some inclination to overcasting Cloudes, the 11. and 12. in like manner, the 13. 14. and 15. dayes faire and windy. The last quarter, the 16. day, at one of the clocke in the afternoone, the 17. and 18. daies somwhat inconstant, the 19. 20. 21. and 22. dayes fitting the season. The new Moone the 23. day, 14 minutes after three of the clocke in the morning, the 24. 25. and 26. daies inclined to moysture, the 27. 28. and 29. very hot. The first quarter, the 30. day, about 8. of the clocke in the Morning, the 31. faire and pleasant.

This month of May rise early, for May dooth not loue no sluggards. And let such as be in health and able, walke into the fieldes, and eate and drinke a little betimes: And for such as be sick, it is a very good time to take Phisicke. Suchas bee whole, God kepe them in health: and such as bee sicke, God send them good Phisitians and Phisicke.

¶ Of

¶ Of Iune.

Day	The sunne riseth.	The sunne setteth.
1	howre 3. and 49. min.	howre 8 and 11 minuts.
7	howre 3. and 46. min.	howre 8 and 14 minuts.
14	howre 3. and 47. min.	howre 8 and 13 minuts.
21	howre 3. and 49. min.	howre 8 and 11 minuts.
28	howre 3. and 52. min.	howre 8 and 8 minuts.

The first and second dayes fayre and pleasant, the third and fourth some change, the fift and sixt hot and dry. The full Moone the seauenth day, forty seauen minutes after tenne of the clocke in the forenoone, the eyght and nine vnconstant, the ten, eleauen, twelue, and thirteene stirring the season. The last quarter, the 14. day, twenty fiue minuts after seauen of the clocke at nigh', not vnlike the former, the 15. 16. and 17. very hot weather, the 18. 19. and 20. many white dispersed Cloudes. The new Moone the twenty one day, twenty minuts before high noone, the 22. 23. and 24. ouercasting Cloudes for raine, the 25. 26. 27. and 28. fayre and pleasant. The first quarter the twenty nine day, halfe an houre before one of the clocke in the Morning, and the thirty day some change of Weather.

In this Moneth of Iune, if thou must needes vse Phisicke, take it early in the Morning, that it may haue wrought before the heate of the day: and vse a light or thinne dyet, for the stomacke

macke is not now so able to digest as in winter, or some other of the former Monthes. It is very good and conuenient for some to drinke clarified Whay, boyled with cold Hearbes, and to abstaine from ouer violent exercises.

¶ Of Iuly.

Day	The Sun riseth.	The Sun setteth.
1	hou. 3 and 54 min.	houre 8 and 6 min.
7	hou. 3 and 59 min.	houre 8 and 1 min.
14	hou. 4 and 7 minut	houre 7 and 53 min.
21	hour 4 and 20 min.	houre 7 and 40 min.
28	hour 4 and 30 min.	houre 7 and 30 min.

The first and second some shewers, the 3. 4. and 5. dayes not much disagreeing from the former. The full Moone the 6. day, 18 minuts after 11. of the clocke at night, the 7. and 8. windy, the 9. 10. 11. and 12. apt for the time. The last quarter the 13. day, about Midnight, the 14. 15. 16. and 17. Summers weather, the 18. and 19. wet and vnconstant. The new Moone the 20. day, 38. minuts after 9. of the clocke at night, the 21. very hot, the 22. and 23. windy, the 24. cloudy, the 25. 26. and 27. dates pleasant and fayre. First quarter, the 28. day 50. minuts after fiue of the clocke at night, the 29. inclined to raine, the 30. and 31. seasonable.

In this Monthy of Iuly, vse cold Hearbs, and cold Meates, abstaine from Phisicke, and extreame

treame exercises: And now the riuers are best, and more wholesome then the Bathes.

¶ Of August.

Day	The Sun riseth.	The Sun setteth.
1	hou. 4 and 36 min.	houre 7 and 24 min.
7	hou. 4 and 48 min.	houre 7 and 12 min.
14	hour. 5 and 0 min.	houre 7 and 0 min.
21	hou. 5 and 16 min.	hour 6 and 44 min.
28	hou. 5 and 27 min.	hour 6 and 33 min.

The first, second, third, and fourth day, faire weather. Full Moone the 5. day, twenty three minuts after 10. of the clocke in the forenoone, the 6. not vnlike the former, the 7. raine, the 8. 9. 10. and 11. daies faire and temperate. The last quarter the 12. day, 40. minuts after foure of the clocke in the morning, the 13. not much disagreeing from the former, the 14. 15. and 16. some stormes of wind and raine, the 17. and 18. good weather. New Moone the 19. day, 40. minutes after nine of the clocke in the forenoone, the 20. 21. 22. and 23. dayes, all like to proue temperate, the 24. and 25. inclined to raine, the 26. faire. The first quarter, the 27. day, 26. minuts after 11. of the clocke in the forenoone, and twenty eight, 29. 30. and 31. daies all likly to proue temperate.

In August moderate diet is good Phisicke, for now it is very dangerous to surfeit: and take good heede of heates and then colde, for nothing sooner engendereth Plurisies. And bee not to sleepe much, and especially after noone, for making Opilations, and for annoyding of Agues, and the Headach, and Catharcs, &c.

¶ Of

¶ Of September.

Day	The sunne riseth.	The sunne setteth.
1	howre 5 and 34 minu.	howre 6 and 26 minutes
7	howre 5 and 46 minu.	howre 6 and 14 minutes
14	howre 6 and 2 minuts	howre 5 and 58 minutes
21	howre 6 and 16 minu.	howre 5 and 44 minutes
28	howre 6 and 28 minu.	howre 5 and 32 minutes

The first and second faire, if not windy, the full moon the third day, about eyght of the clocke at night some ouercasting clouds, the fourth in like manner, the fift fayre, the 6. 7, and 8. cloudy and windy, the 9. fayre. The last quarter, the tenth day, 50. minuts after ten of the clocke in the forenoone, and cleauen and 12. dayes inclined to raine, the 13. faire, the 14, and 15, some ouercastings, the 16. and 17. temperate. New Moone the 18. day, 40. minuts before one of the clocke in the morning, not vnlike the former, the 19, 20, 21, and 22. dayes, some fall of moysture, the 23. 24. and 25. dayes faire & seasonable. The first quarter, the 26. day 27. minutes after foure of the clocke in the morning, the 27. 28. 29 and 30. daies, all like to proone temperate.

In September, such as haue need of Phisicke, may safely take it, and also may bath and bleede. And now such fruits as are ripe, and not infected, are good to eat, for such as haue good stomacks.

¶ Of October.

Day	The sunne riseth.	The sunne setteth.
1	howre 6 and 34 minu.	hovvre 5 and 26 minuts
7	howre 6 and 46 minu.	hovvre 5 and 14 minuts
14	hovvre 7 and 0 minuts	hovvre 4 and 0 minutes
21	hovvre 7 and 15 minu.	hovvre 4 and 45 minuts
28	hovvre 7 and 26 minu.	hovvre 4 and 34 minuts

The first and second raine and windy. The full moon the third day, 55. minutes after 6. of the clocke in the morning, and four and fiue subiect to wind and stormes, the fixe, 7. and 8. daies somewhat better inclined. The last quarter the 9. day, 18. minuts after 8. of the clocke at night, the ten distemperate, the 11. 12. 13. and 14. daies faire weather, the 15. the 16. dayes apt for the time. The new Moone the 17. day, 24. minuts after 5. of the clocke at night, the 18, and 19. a rufeling day, the 20. some fall of moysture, the 21, 22, 23, and 24. indifferent for the time. The first quarter the 25. day, at 8. minutes after 8. of the clocke at night, the 26. 27. 28. 29. and 30. indifferent for the season, the 31. some storm to be feared.

In this month of October, vse hot meats and drinks to nourish good blood: and beware of taking cold, because the Quartaine Ague will be apt to be taken, and such other dangerous diseases.

¶ Of Nouember.

Day	The sunne riseth.	The sunne setteth.
1	hovvre 7 and 33 minuts	hovvre 4 and 23 minuts
7	hovvre 7 and 42 minuts	hovvre 4 and 18 minuts
14	hovvre 7 and 52 minuts	howre 4 and 8 minutes
21	hovvre 8 and 3 minutes	hovvre 3 and 57 minuts
28	hovvre 8 and 9 minutes	hovvre 3 and 51 minuts

The full Moone the first day, a little before three of the clocke in the afternoone, and 2. and 3. sitting the time, the 4. 5. 6. and 7. foule blastering weather. The last quarter the eyght day, 27. minuts after nine of the clocke in the morning inclined to wind, the 10. 11. and 12. reasonable good weather, the 13, 14, and 15. some

cold

old stormes. The new Moone the 16. day, about high noone, and 17. and 18. faire weather, the 19, 20, and 21. some stormes to be expected, the 22, and 23. better weather. The first quarter, the 24. day, 40. minutes after of the clocke in the morning, and 25. and 26. dayes inclined to moysture, the 27, and 28. lofty windes, the 29. and 30. cold and frosty.

In November finish the Phisicke that yee meane to take, and so rest till March, except som great necessity cōstrain thee, vse good meats and wholesome Wine to nourish thy blood: prouide thee warme clothing, and go dry of thy feet, or else make sure account of rheume & pose, with does some other inconueniences that will ensue, &c.

¶ Of December.

Day	The sunne riseth.	The sunne setteth.
	howre 8 and 12 minu.	howre 3 and 48 minuts.
	howre 8 and 14 minu.	howre 3 and 46 minuts.
4	howre 8 and 15 minu.	howre 3 and 45 minuts.
11	howre 8 and 12 minu.	howre 3 and 48 minuts.
18	howre 8 and 7 minu.	howre 3 and 53 minuts.

The full moone the first day a little before one of the clocke in the morning, the 2. and 3. frosty and cold, the 4, 5, 6. and 7 winterly weather. The last quarter, the 9. day, 24. minuts after two of the clocke in the Morning, and nine and tenne temperate, the 11. 12. 13. 14. and 15. some fall of Snowe, or other moysture. The new moone the 16. day, 50. minuts after six of the clock in the morning, the 17, 18. and 19. cold and cloudy, the 20. 21. and 22. windy and freezing. The first quarter, the 23. day, 14. minuts after 8. of the clock at night, the 24, 25, and 26. some change, the 27. 28. and 29. blustering weather. The full moone the 30. day, about high noone, and the 31. cold winterly weather.

In

In this month of December, abstaine from Phisick, and let thy Kitchen be thy Apothecary, warme clothing thy Nurse, merry company thy Keepers, and good hospitality thine exercise.

A Precaution and aduertisement, made for euery month of this yeare of our Lord God 1609. declaring the dangerous daies and nights to take any sickenesse, or to be sicke in: whereby euery man may take heed to himselfe, and so prouide in time for speedy remedy.

¶ Of Ianuary.

The first day, and most part of the night, the 3. day dangerous the eyght day in like manner, the ninth day, and all night daungerous, with the eclipse of the Moone, the 16. and 17. dayes very dangerous, the 23. and 24. daies in like manner, the 30. day, and all night dangerous.

¶ Of February.

The first day dangerous, the 13. day, and all night till the next day at none in like manner, the twenty one day dangerous, the twenty seauen day and all night in like manner, very dangerous.

¶ Of

¶ Of March.

The firſt and firſt daies, and all the nights, the 3, and 14. daie, and all the night dangerous, the 20. day, and moſt part of the night, and the 2. day, the 26 day, and all night, the 28. day, all midnight in like ſort dangerous.

¶ Of Aprill.

The ſecond day dangerous, the 4. day, and moſt part of the night, the 9. day, and all night till none the next day, the 12. day and moſt part of the night dangerous, the 17. day in like manner, the 19. day, and all night, the 22. and 23. daies, the 26. day, and the 29. day, and all night dangerous.

¶ Of May.

The 3. day till midnight, and the 7. day dangerous, the 11. day till midnight in like maner, the 14. day, & moſt part of the night dangerous, the 18. day in like ſort, the 20. day and all night, the 24. day and all night, the 27. day in like maner dangerous.

¶ Of Iune.

The firſt day and the 8. day both dangerous, the 9. day, and the 10. day, and moſt part of the night

night in like sort, the 15. 16. and 17. daies dangerous, the 22. day, and most part of the night, and the 23. day, the 30. day, and most part of the night very dangerous.

¶ Of Iuly.

The 6. day with the Eclipse, and the 7. day and all night dangerous, the 14. day till Midnight in like sort, the 20. day and all night, and the 21. dangerous, the 22. day, the 27. day and all night, the 29. day dangerous.

¶ Of August.

The third day and all night till the next day, at 9. of the clocke, and the 5. day dangerous, the 10. day and the 12. day, the 16. day and al night, the 19. day in like manner, the 23. day and all night till the next day at none, the 26. day and all night in like manner, the 31. day dangerous.

¶ Of September.

The 3. day, & the 6. day till midnight, the 9. day, and most part of the night, the 12. day and all night dangerous, the 10. day, and all night, the 20. day, the 24. day and all night, the 27. day, & most part of the night in like sort dangerous.

¶ Of

¶ Of October.

The first day and all night, the 3. day and all night, the 8. and 10. daies dangerous, the 15. day and most part of the night, the 17. day till midnight, the 19. day, the 23. and the 24. daies, and both the nights, the 30. and 31. daies in like manner dangerous.

¶ Of Nouember.

The 5. and 6. daies, and both the nights dangerous, the 13. day and al the night in like manner, the 20. and the 21. daies very daungerous, the 27. and all night, and the 28. day dangerous.

¶ Of December.

The 4. day and all night daungerous, the 11. and 12. daies, the 18. day and all night, the 20. day in like manner, the 25. day, and the 26. day and all night, the 31. day and all night daungerous.

FINIS.